



The Dance Network Association

T: 07490 37 47 17

E: info@dancenetworkassociation.org.ukWebsite: www.dancenetworkassociation.org.ukFacebook: <https://www.facebook.com/TheDanceNetworkAssociation>

Twitter: @DanceNetEssex

DANCE RIO RESOURCE PACK

Welcome to the Dance Rio... Resource Pack

As part of this pack, you have access to a comprehensive set of resources to assist you in the learning, teaching and creating of your class's dance that will form the mass choreography **Dance Rio....**

In here you will find a written script to go with the online tutorial that includes a breakdown of the steps, counts, music cues and ideas behind the choreography. The tutorial is not mirrored so what you do in your session will look opposite to what you see in the online version. The directions are all given in the tutorial and in the written script. You will also find the creative tasks written by the choreography team, with further ideas that you can explore with your class at your own pace and level.

The key to the choreography is the formation of all the dancers in one place moving at one time. As long as you are in that formation, almost anything should work within the whole. In the resource pack you will also find a useful coloured grid sheets, where you are able to write in each of your dancers names to keep to your formation. We would suggest always having 4 dancers along the front and then line up behind the front four people. You will see in the tutorial you are able to work with odd numbers but the best formation is delivered on a group of 32.

In order to access the tutorial please follow this link:

Link: <https://vimeo.com/154370788>

Password: KDA16

We ask that having purchased this resource pack that access only be granted to you as the user throughout your settings and should not be passed to friends or colleagues for use unless they have purchased the pack too. You should also in your pack have a copy of the music CD which again should not be copied.

From the whole Dance Rio Team we hope that you have as much fun with this resource pack as we did creating and performing in summer 2016

Kindest regards

Gemma Wright
Artistic Director of The Dance Network Association

Dance Rio has been produced by The Dance Network Association CIC Supported by:



Further details of Dance Rio:

Dance Rio.... In Summer 2016 was an exciting programme of outdoor arts & sports events in the lead up to the Rio Olympic and Paralympic Games.

Dance Rio KDA 2016... Performances over 1300 dancers performed in our events at Essex Cricket Ground, Colchester Football Ground and the Jim Peters Stadium and many other smaller platforms nationwide including the AfPE Conference 2016.

The choreography for Dance Rio was created by Jennifer Irons supported by lead artists Lucy Blazheva and Lisa Warnock and a Team of Dance Captains from Harlow College.
Music sourced and mixed by Dan Beats and Jennifer Irons.

We would love for you to be Keeping Dance Alive for us and make use of this resource pack to learn, educate and perform in all of your own settings.

If you are interested in taking part in the next Keeping Dance Alive Programme: please visit www.dancenetworkassociation.org.uk for more information.



Photo by Nigel Sagar Jim Peters Stadium 2016

Dance Rio has been produced by The Dance Network Association CIC Supported by:

Dance Rio 'what's in the pack?'

1. Overview	page	3
2. Quick Reference Chart	page	5
3. Creative Tasks	pages	7 – 8
4. Images for Creative Tasks	page	9
5. Class Delivery and Tips	pages	10 – 11
6. Differentiation	page	11
7. Costumes – 10 Things to do with a T-shirt	pages	12 – 13
8. Coloured Grids	pages	14 – 15
9. Full written tutorial to use with the video	pages	16 – 28

1. Overview

As the name of the dance suggests, the inspiration has come from the Rio 2016 Olympic and Paralympic Games. It is a journey that starts here, in our local area and travels across the ocean to Brazil for a finale Carnival Celebration. The dance is approximately 6 ½ minutes, and the choreography has been designed so that you can rehearse with your class in a formation that should fit together with all the other classes on the pitch. We will look at how we put all the classes together when we have our Mass Rehearsals in a few months. Here's the breakdown of the dance:

Structure

The dance is broken down into 5 main sections:

1. The PAST
2. The PRESENT
3. The FUTURE
4. Heading to Rio
5. Carnival Celebration

Section 1 - The PAST

This is Europe of the past. The steps are based on the dance known as the Quadrille. The Quadrille was performed in royal courts around Europe in the 18th and 19th centuries... back when the only people who could dance were those rich enough to spend time taking dance lessons. The pattern of the quadrille is a formation of 4 dancers who move towards, away and around each other. In our version, we are emphasizing the very upright and uptight way that this dance would have been done.

Dance Rio has been produced by The Dance Network Association CIC Supported by:

Section 2 – The PRESENT

This section is about all the things we think reflect our local area and part of what makes it special. We have created movements that represent:

1. Weaving and textiles
2. Our obsession with technology and mobile phones
3. The weather
4. Our armed forces
5. Architecture
6. Our outgoing nature

Section 3 – The FUTURE

The first half of this section is a creative section and an opportunity for you to come up with your own ideas of what is special about your local area.

The second half is a repeat of the Quadrille section, only this time it's been funkyed up and done in the style that you and your class choose. The Quadrille that is found today in Brazil and other Caribbean countries is a fusion of this western colonial dance that was appropriated by locals and slaves who wanted to make fun of this very upright, European style of dance. The result is that throughout these countries now, you will find variations of the Quadrille, but all done with their own unique style. And that's what we're doing here – making it your own unique style!

Section 4 – HEADING TO RIO

This is where we journey to Rio in 4 'shapes' made by your whole class or group. The shapes are:

1. Mountain
2. Star
3. River
4. Graffiti Mural

In your creative tasks section, you will find further information about these 4 shapes.

Section 5 – CARNIVAL CELEBRATION

What would Dance Rio be without the Carnival? Here is our big celebration section consisting of a Call and Response section to start, and then a dance inspired by the Samba style called Batucada.




The batucada is one of several styles of Samba found around Brazil. It is usually very fast and energetic and perfect for our Carnival Celebration. The word 'Samba' is widely thought to mean '*invitation to dance*' and we thought was just perfect!

OUTRO



Finally, after our last position is held at the end of the dance, we continue to dance 'off' the stage/pitch/performance space in celebration!

Dance Rio has been produced by The Dance Network Association CIC Supported by:

2. Quick Reference Chart – Dance Rio

SECTION	NAME	CHOREOGRAPHY	WHAT IT LOOKS LIKE
1	PAST 0:00-0:53	Quadrille Version 1 Homebase Position Blues on the Left Yellows on the Right Alternating colors	
2	PRESENT 0:53-1:23	Unison gestures Homebase position	
3	FUTURE 1:23-1:53 (creative task) 1:53-2:38 (funky quadrille)	1. Creative task of our local area 2. Quadrille Funky Version 2 Homebase position	

Dance Rio has been produced by The Dance Network Association CIC Supported by:

4	HEADING TO RIO 2:38-3:14	4 Shapes of Rio Travel in space, Finish down low in Colored lines Blue on the left Yellow on the right	
5	CARNIVAL CELEBRATION 3:23-3:58 (call and response) 3:59-5:30 (batucada)	1. Call and Response 2. Batucada Colored Lines Blue on the left Yellow on the right	
OUTRO	5:31-6:57	Dancing off the pitch	

Dance Rio has been produced by The Dance Network Association CIC Supported by:

3. Creative Tasks SECTIONS 3 and 4

Section 3 - The FUTURE

Music – 1:23 – 1:53

Counts – 8 bars of 8 counts

This section is about the 'Future of Essex, Barking and Dagenham'... it's about the dancers themselves.

Here you have the opportunity to explore and celebrate your local area with your students. What are the cool things to do? What would you suggest to out of town visitors? What are you proud of? What are some images of your local area? Famous buildings? People? Events? Each of these questions could apply to your local school or wider borough, the county, the nation... you can decide! You can develop a series of gestures based on your ideas, create shapes in space that the dancers all make together, work in pairs, small groups... it's all up to you. The section finishes with dancers returning to their home base.

The choreography we created for Section 2 - Present is based on this task.

Note: If you choose to focus on just one creative task, you can repeat the unison section from Section 2 here.

Section 4 – HEADING TO RIO

Music – 2:38 – 3:14

Counts – 8 bars of 8 counts

This section is the transition where we start to move from the ideas of the UK and our local area, to ideas of Brazil and Rio de Janeiro in particular.

The task is to create 4 images with your whole class that are inspired by Rio de Janeiro. Each image takes 16 counts to complete and there is a sharp change as you move into the next one. At the end of the last image, your class needs to finish in 4 lines again, only this time you finish in the coloured lines formation with the blues on the left, and yellows on the right. (See the quick reference sheet)

Image 1 The Mountain – This represents the image of Sugar Loaf Mountain sitting atop Rio de Janeiro

Image 2 The Star – This is in reference to the stars on the Brazilian Flag

Image 3 The River – Rio de Janeiro means January River in Portuguese

Image 4 Graffiti Mural – This is in reference to the world famous graffiti and iconic murals that are painted all over the city

Dance Rio has been produced by The Dance Network Association CIC Supported by:

We've provided some images below to inspire you and help you and your group come up with your own ideas. This is a real transition section in the piece as it's the first time your whole group moves together to create a shape, and at the end, you finish for the first time in the new formation of all the colours being together in their lines.

Things to keep in mind

As this is a mass choreography project, contrast movement is really effective. So shapes that go from large to small, travel in and out, sharp movements contrasted with soft movement, will all really stand out on the pitch. One of our favourites is canon – that is where one person starts a movement that is repeated one by one down the group. (We do this in the Carnival Celebration section a few times.) This is a very simple way to create something very strong.

Further Learning: Have your students look up some of the images of the Rio de Janeiro themselves. What kinds of pictures do they find? What kinds of stories do they see?

Note: We've created a version of our own on the video, which you are more than welcome to use if you choose not to create your own

4. Image References for Section 4 – HEADING TO RIO

1 Sugar Loaf Mountain



2 Brazilian Flag



3 The River (This is the Amazon which flows through Brazil)



4 The iconic murals of Rio de Janeiro



Dance Rio has been produced by The Dance Network Association CIC Supported by:

5. Class delivery and tips

Time

We recommend you schedule plenty of time to both learn the choreography and leave space to develop your own ideas, but most importantly so you enjoy the process!

We imagine that each section will take an hour to learn (approximately, but of course this depends on your group), and section 5 will take a little longer and an hour for each creative task.

Class structure and rehearsal

As the dance requires a great deal of working as a group in formations, we encourage you to play warm up games/ tasks that encourage working with partners and moving together in lines across the space.

As the tutorials and written script are divided into the 5 sections we recommend you work through each section and put together the whole dance as you progress.

We recommend you rehearse in coloured shirts or borrow bibs from the PE department if you have access to one, as this will really help you and the dancers understand and see the formations of the dance as you learn. We have provided coloured grids that you can fill in with the names of each dancer in their position to help you remember where everyone is throughout the dance. There are 2 versions – the first is the checked grid alternating colours in each line (home base position) and the version for Section 5 where the lines are separated by colour.

NOTE: If you have a dancer who misses a rehearsal but is definitely coming back, just rehearse with the empty space. Don't move everyone else around as this will make it more confusing when the dancer comes back.

Finally, we also recommend you measure out and mark the floor (we use tape) at 1 metre apart so you get used to the size you will have on the pitch with your dancers and so you can see that you are coming back to your lines each time you move.

Further learning resources

If you are interested in learning more about the themes and ideas behind the dance, here are a few starting points for you and your group:

Rio Carnivale - <http://www.rio-carnival.net/>

History of the Quadrille - <https://en.wikipedia.org/wiki/Quadrille>

History of Samba and Brazilian Dance - <http://www.sambassadorsogroove.org.uk/history-of-samba.html>

Dance Rio has been produced by The Dance Network Association CIC Supported by:

Great British Inventions - <http://www.radiotimes.com/news/2013-01-08/the-50-greatest-british-inventions>

Local UK History Online - <http://www.local-history.co.uk/>

Rio 2016 Olympic and Paralympic Games - <http://www.rio2016.com/en/rio-de-janeiro/rio-and-its-history>

History of Rio de Janeiro - <http://www.riodejaneiro.com/v/history/>

6. Differentiation

Remember that the choreography we've created is a framework. You are encouraged to adapt and develop movement within your group that works for you. We suggest thinking about the fundamental in the movement, like reaching, rippling, twisting – and find ways that you can work to that movement that suits you and your group. In the written tutorial we have noted some suggestions and questions for you to consider with your group. For example: if you have dancers who do not turn, how can you create a sense of turning in the body? Is this in the torso, the arms, the head? All of these can work! If a section includes reaching up twice, does your group prefer to reach only once? All of these are open to your interpretation. Each group will have their own interpretation to make them unique, and there are elements of the dance that bring everyone together. As a mass choreography program, the main points where you come together with the whole cast is at the beginning of each section.

The important thing is to **have fun** and make it work for you. If you have further questions about differentiation or would like some further ideas on how to work with your group, please speak to us we are happy to offer advice or come into your setting to support with a bespoke workshop or two.

Contact us

E: info@dancenetworkassociation.org.uk

T: 07490 37 47 17

Dance Rio has been produced by The Dance Network Association CIC Supported by:



7. Costumes

Sass up your Tees!

In our programme in 2016 you will be able to see from the photos and tutorial T-shirts were a big part of the programme to share that carnival feeling. We would suggest that you purchase your own coloured t-shirts and here are some ideas of how to make yours unique!

There are lots of different ways to make the Dance Rio t shirts look exciting and unique and in the spirit of Brazilian Carnival we would like to encourage you and your groups to do so!

This can be done in combination with an art curriculum or on your own. There are lots of websites like Pinterest, wikihow and others with great ideas for doing new things to plain shirts

Here are just a few ideas to help you;

1. EMBELLISHMENT

Names, Designs in diamante, additional transfers, sequins, school logos .

2. TASSLES/FRINGING

Achieved by cutting equal length strips at the bottom of the t shirt and knotting/ adding beads if desired. Also looks effective if carried out on one section of the t shirt and can be plaited/knotted into different positions.

3. VEST

Removed sleeves and create a smaller or bigger hole for the arms.

4. RUCHING

Create channels into which sections of fabric or ribbon can be passed and then fastened to provide a ruched effect. This works well on the side seam of t shirts.

5. ACCESSORISE

Use removed parts of your customized t shirt to create bandannas, head scarves and or arm bands. Celebrate your colour team!

6. ASYMETRIC

Cut to achieve a longer angle on one side of the t shirt, This is a more advanced idea.

7. BOAT NECK

Remove neck of t shirt

8. CROP TOP

Remove bottom third of t shirt.

9. CAP SLEEVES (ROLLED OR CUT)

Roll and secure with a tacking stitch or safety pin or cut to desired length.

10. KNOTTED

See tassles section.

Dance Rio has been produced by The Dance Network Association CIC Supported by:

Jersey is a great fabric to work with as it doesn't require you to sew any raw edges that you create. The edges will naturally 'roll' slightly.

TOP TIP; if you have an idea but you are not sure how well it will work then buy a cheap unisex t-shirt to try it on or use an old one of your own.

Some places to look for ideas:

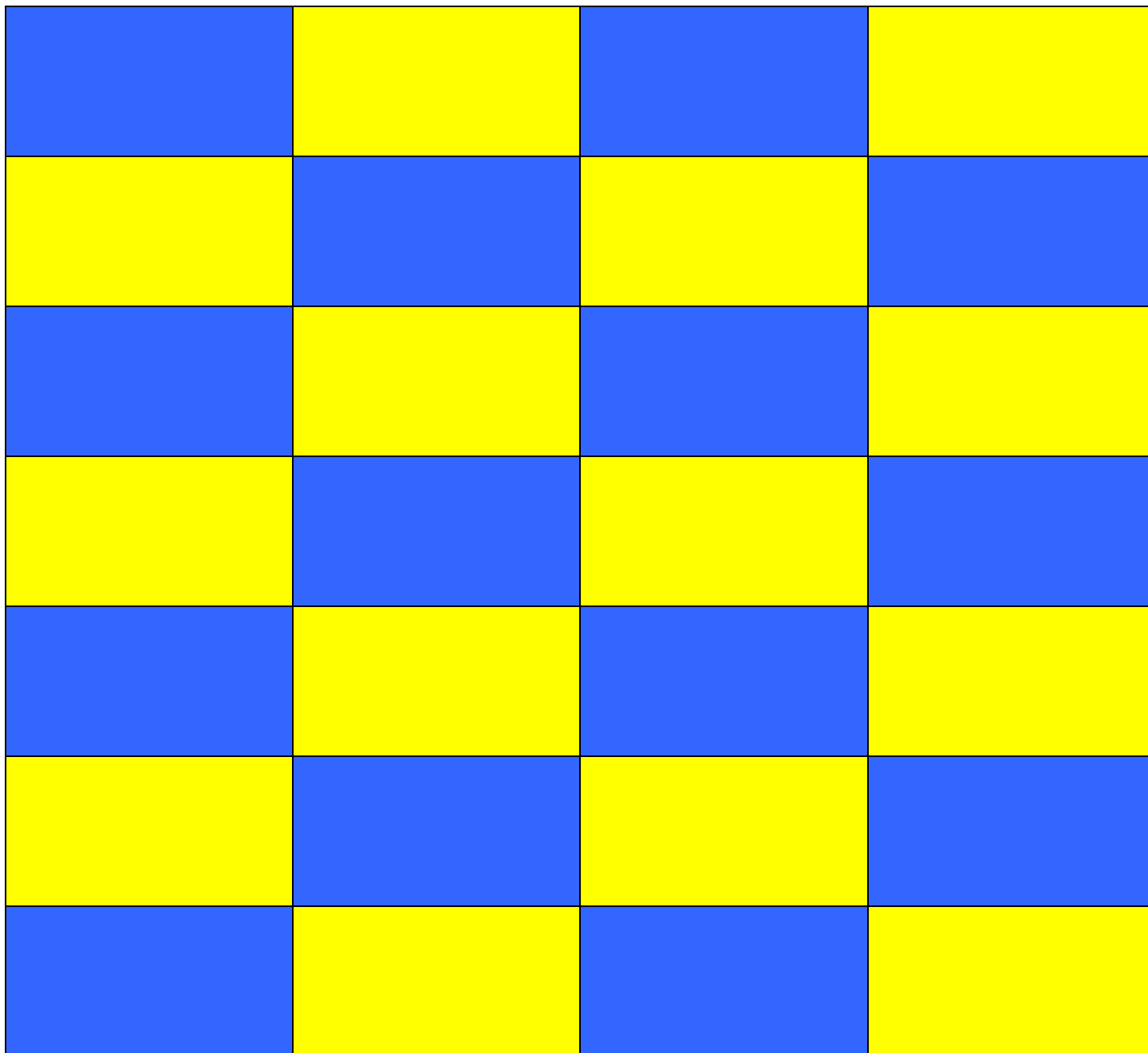
- 'Fringe' the bottom or sleeves by cutting into strips - <http://www.wikihow.com/Fringe-a-Shirt>
- Create ruffles - <http://www.allthingsheartandhome.com/2010/08/jcrew-inspired-tee-shirt-re-make/>
- Tie them, dye them, spray stencil! - <http://cathiefilian.blogspot.co.uk/2010/05/t-shirt-makeovers.html>

Alternatively, please feel free to keep the t-shirts exactly as they are.

Enjoy!

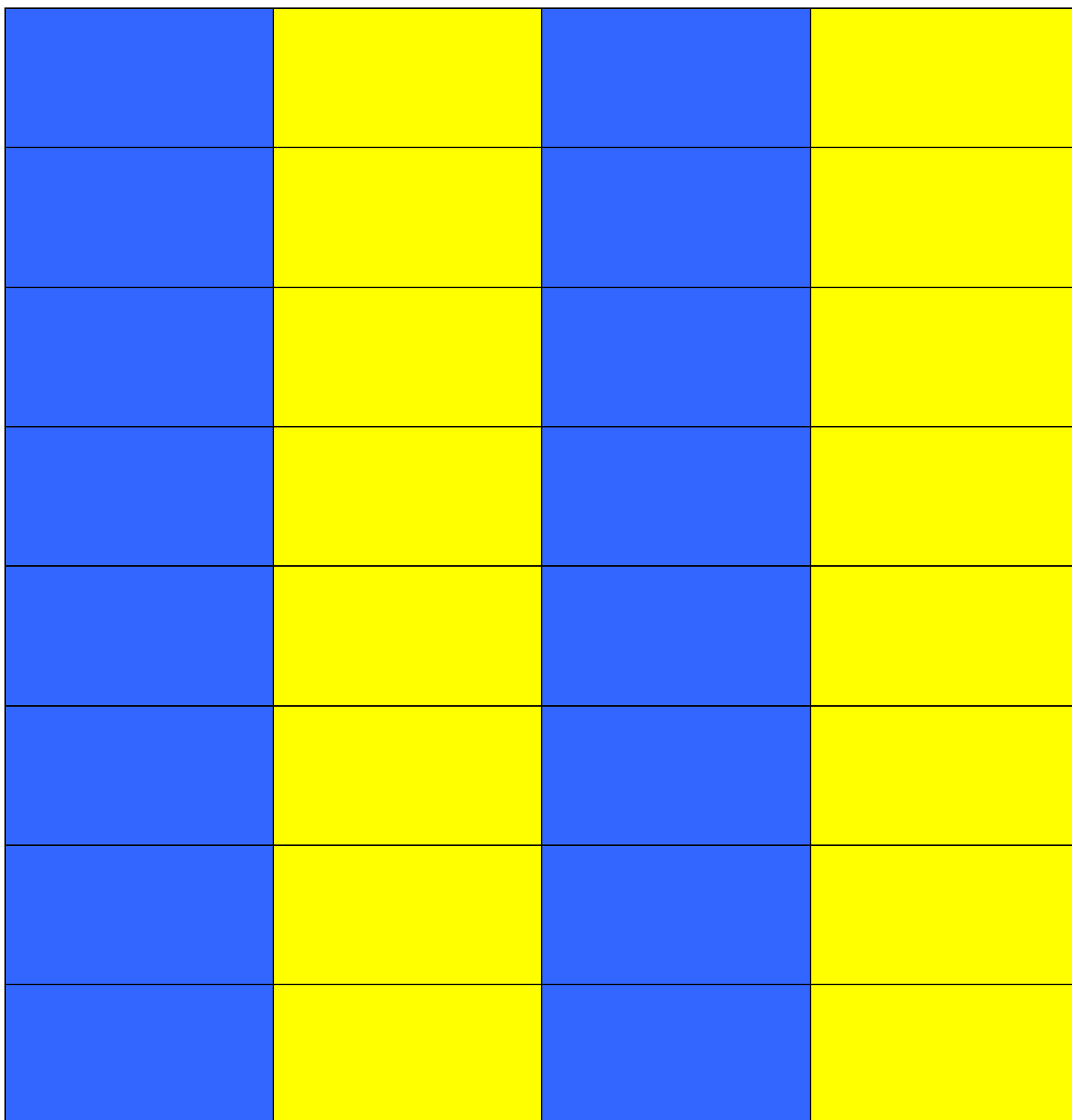
8. Grids

GRID SECTIONS 1 -3



Dance Rio has been produced by The Dance Network Association CIC Supported by:

GRID SECTION 5



Dance Rio has been produced by The Dance Network Association CIC Supported by:



9.Full Script tutorial: To be used in combination with tutorial video

SECTION 1: THE PAST			
Music	CHOREOGRAPHY	COUNTS	NOTES/ DIFFERENTIATION
	<p>GETTING STARTED</p> <p>The dance starts with your group in 4 lines (approximately 1 metre apart) alternating blue, yellow, blue, yellow with blue on the left. This is referred to as your home base and you will keep coming back to this position throughout the dance.</p> <p>How you choose to place the group is entirely up to you, as a rule, the Yellow dancers have less turns in the piece, so that may help you when considering how to place people.</p> <p>Place your group evenly across the 4 lines, and do not worry if you have an odd number of dancers. We hope that you will join in and be a part of the dance!</p>		

Dance Rio has been produced by The Dance Network Association CIC Supported by:



0:00-0:53 14 Bars of 8	First movement is a bow to partner across and 2 nd is bow to partner next to us. 8 counts each. 2 8's Quadrille Version 1 (12 bars of 8) Blue – right hand flat, palm down Yellow, left hand on top of partner's hand, palm down Other hand pointed out and flat palm Gentlemen other hand behind back flat palm	16	Quadrille with partner – blue on the left, yellow on the right
	Main pattern: 4 counts towards, 3 steps curtsy or nod 4 counts back, 3 steps curtsy or nod	8	*If you don't travel, how can you create the same effect of coming together/moving away on the spot?
	REPEAT 4 counts towards 4 count back	8	
	DEVELOP 4 counts forwards, arms overhead on count of 3, right shoulders passing partner Finish in new line, counts 5, 6, 7, 8	8	*If you don't turn, how can you create the same effect of rotation whilst remaining on the spot?

Dance Rio has been produced by The Dance Network Association CIC Supported by:



Blue – right hand count sweeping in rainbow 1 Yellow – right hand sweeping count 2, take hands with Blue Blue – left hand count 3, away into the centre Yellow – left hand count 4, underneath and take hand of Blue Both turning over right shoulder clockwise, blue moving forwards, yellow moving backwards	8	If some of your group turn and some do not, then place the dancers who do not turn in the front rows. If not turning, can you do the arm sweeping movements facing the front?
REPEAT FULL QUADRILLE to arrive at home base	32	
Turns – maypole Blues come together to turn in middle, right palms connecting, reach up on 3, melt hands away on 6, return to home base.	8	Travelling Turning
Yellows repeat the same as blues	8	
Blues go around yellows, clockwise direction, moving first to the front, right arm/shoulder leading	8	
Yellows go around blues, clockwise direction, moving first to the back of partner, right arm/shoulder leading All finish facing front on the last count	8	

Dance Rio has been produced by The Dance Network Association CIC Supported by:



SECTION 2: THE PRESENT

Music	CHOREOGRAPHY	COUNTS	NOTES/ DIFFERENTIATION
0:53-1:23 8 bars of 8	UNISON SECTION (8 bars of 8) Weave ALL - Right arm sweeps in front for 2 counts, out the back right, front for 2, all lunge back for 2 counts, left hand inside right elbow	8	For this entire section, you can choose what works for your group in terms of speed, movements and turns. If you choose not to turn, or adapt the version you do to be slower, this all works. Just make sure you are back at the home base position ready to start the next section.
	Blues – right arm pushes around and turning to the left for 4 counts, face front and left hand reaches up, palm facing back for 4 counts Yellows – right arm pushes front, and drop the upper half of the body down for 4 counts, then left hand reaches up, palm facing back for 4 counts	8	
	Phone in/ Phone Out ALL - Left reaches out and down sharp on 1, lunge 2, pick everything up on 3, put phone in pocket on 4, reach both hands to the front 5, reach up to sky and turn left 6, hold 7, drop 8	8	
	Blooming flower, Rain ALL – Uncurl spine and left shoulder for 3 counts, fingers open up to sky sharp on 4, fingers turn to rain, and melt back down again for 3 counts, and sharp up again in umbrella with left hand above in a fist and right hand below on count of 8	8	

Dance Rio has been produced by The Dance Network Association CIC Supported by:



	Shaking Umbrella ALL – dropping weight on left side on count of 1, step right 2, and continue turning to the left, with shaking fingers until facing the back	8	
	Army marching Blue – left arm down, right arm sweep up to salute 4 counts Swap – left hand into watch, right arm down 4 counts Yellow – the same but in opposite order – watch first, then salute	8	
	Measuring Architecture Blues – step out right, out left, in right, in left Arms do the same, out, out, in, in 1 count each Step out and reach on right side 5, left hand reaches up to clap, measure down the body, 7, 8 Yellows do the same steps, but opposite arms Step out right, left, in right, left with arms coming in, in, out, out Step left, reach up with left side, clap on count of 6, measure down 7, 8	8	
	Bolshy, Making jam ALL - Step right to the back and open the arms, turn left March for 4 counts turning to the front again	8	

Dance Rio has been produced by The Dance Network Association CIC Supported by:



SECTION 3: THE FUTURE

Music	CHOREOGRAPHY	COUNTS	NOTES/ DIFFERENTIATION
1:23-1:53 20 bars of 8	Creative task (8 bars of 8) **Refer to the Further Resources for a more detailed description of the creative task <ul style="list-style-type: none"> - what is the best part of your school/local area? - What is something people might come to see there? - What is something people don't know about your school/local area? - Last 8 counts return to homebase Note: If you choose not to do this creative task, you can repeat Section 2 – Past as it is the same length of time and was created with the same task.	64 (8 x 8's)	This is all about your own ideas so have fun with it!
	Last 4 bars of 8's Maypole Repeat the maypole section from the Quadrille earlier yellows together, blues together	32 (4 x 8's)	
1:53-2:38 8 bars of 8	Quadrille Funky Version 2 (8 bars of 8) Exactly the same formation, patterns and timing as Version 1 only this time with your own funky version or style mixed into and instead of the curtsies now we have the 'freeze' and instead of the rainbow arms, we high give as we pass each other on the count of 3	64 (8 x 8's)	

Dance Rio has been produced by The Dance Network Association CIC Supported by:

SECTION 4: HEADING TO RIO

Music	CHOREOGRAPHY	COUNTS	NOTES/ DIFFERENTIATION
2:38 – 3:14 8 bars of 8	<p>4 shapes of Rio - THIS IS THE MAIN CREATIVE SECTION – Please refer to the Further Resources Creative Task for more information.</p> <p>Each shape is 2 bars of 8 (16 counts) and the change of each happens sharply on the count of 1 of the next bar.</p> <p>You can either do the version we do here or if you'd like you can create your own.</p> <p>Mountain – 2 x 8's</p> <p>Star – 2 x 8's</p> <p>River – 2 x 8's – end of river, finish with the yellow line on the left, and blue on the right</p> <p>Graffiti Mural – In a canon from front to back and the final position is everyone melting down in preparation for the finale.</p> <p>Into echoing and finish in 2 or 4 lines of all blues on the left and all yellows, right shoulders facing together on the right and down in preparation for the Carnival Celebration.</p>	64 (8 x 8's)	<p>*This section will be individual to your group and a chance to explore your own creative ideas.</p> <p>At the end of the section, you need to finish in the colored lines formation of Blues on the left and Yellows on the Right.</p>

Dance Rio has been produced by The Dance Network Association CIC Supported by:



SECTION 5: CARNIVAL CELEBRATION

Music	CHOREOGRAPHY	COUNTS	NOTES/ DIFFERENTIATION
3:23 – 5:30 *Broken down into 2 sections. The Call and response is 8 bars of 8 counts and the Batucada is 20 bars of 8 counts. DRUMS – CALL AND RESPONSE 3:23 – 3:58 **Though not counted, done to the music	CALL AND RESPONSE (8 bars of 8) Blues – Rainbow pass the ball Yellows – take the ball reach up, down and pass back Blues – low circle around the world Yellows – throw out to the right and right elbow and left elbow Blue – 3x hip roll accent at the back, and say <i>‘Check out my moves, check out my moves, check out my moves’</i> (looking at yellows) Yellows – jump with arms shooting up right, left – <i>‘Oh yeah?!’</i> Yellows repeat the blues – 3x hip rolls and say back <i>‘Check out MY moves, check out MY moves, check out MY moves!’</i> (looking at blues) ALL – open the space to the front and turn ¼ left and say <i>‘OK!’</i> Blues – jump UP and turn left to run behind yellows ALL – march forward for 4 counts starting on right side Yellows – repeat the jump UP and turn left to run behind blues ALL – march forward for 4 counts starting on right side, finish facing back Blues – right step towards back reach to catch a ball, come back	64 (8 x 8's)	CALL AND RESPONSE SECTION TO START Each movement phrase is 8 counts, but we use the music for the timing Call and Response is a method that starts off with one group doing the CALL and the other group doing the RESPONSE. Here we use voice and movement in the call and response. Keep looking at each other.

Dance Rio has been produced by The Dance Network Association CIC Supported by:



	<p>Yellows – repeat the same thing</p> <p>ALL – shift out and step to the right back centre up, repeat to the left, finish down, canon rainbow arms from the back to the front</p>		
<p>3:59 – 5:30</p> <p>20 bars of 8</p>	<p>Batucada</p> <p>This section consists of 4 verses with a breakdown in the middle</p> <p>Verses 1&2 are repeated once to the front and back, and verses 3 & 4 are done exactly the same with the exception of the last movement.</p> <p>Each section is broken down into 4 bars of 8 or 32 counts each, and blue and yellow are working in unison or opposite to each other.</p>		<p>**Refer to Further Resources for more information on Batucada</p> <p>NOTE: at the end of the CALL and response there is a small musical cue on the count of 8 & to signify to start moving on the count of 1 when the music starts. It's a small cue but helps to get the 1 on the correct timing.</p>
	<p>VERSE 1</p> <p>(32 counts)</p> <p>(cue at end of canon counts 8, &1)</p> <p>ALL – Arms up to Right, Left, Right, Left, 4 steps on the spot</p>	8	

Dance Rio has been produced by The Dance Network Association CIC Supported by:



	Roll arms forwards and walk forwards for 4		
	ALL - 4 arms reach down for 4 counts on the spot walk back and roll arms for 4 counts	8	
	BLUE arms throwing up to the sky turn 2 counts to left, 4 times to finish facing front taking 8 counts YELLOW arms throwing up to the sky turn 2 counts to right, 4 times to finish facing front taking 8 counts	8	
	ALL facing front Step out right, touch left foot, step left, bring in the right foot (use hips and shoulders to wiggle) and CARNIVAL pose	8	
	VERSE 2 32 counts Repeat exactly as VERSE 1 but face to the back, turn over RIGHT SHOULDER and finish with the pose facing front	32	If not turning

Dance Rio has been produced by The Dance Network Association CIC Supported by:



	BREAKDOWN SECTION 32 counts Blues – sharp twist left, and arms out to right sharp to face Yellows, then freeze Yellows – soft melting start high to finish low for 8 counts	8	CALL and RESPONSE style again then all join together
	Yellows – sharp twist right, and arms out to left sharp to face Blues then freeze Blues – soft melting start high to finish low	8	
	ALL – side step to the right with wide arms and body ripple, 4 counts Repeat to the left, 4 counts	8	
	CANON – Starting with the blues furthest left, throwing energy out to the right and freeze, each line follows after Brazilian Wave.	8	
	VERSE 3 (Piano and airhorn join in) 32 counts BLUE - Arms shoot straight down, travel forward for 4 counts, turn to the back, (over right shoulder) arms up for 4 counts and travel back	8	BLUE and YELLOW moving opposite for first 16 counts, then all join in together for last 16
	Turn ¼ to left and shimmy shoulders towards yellows across from you for 8 counts	8	

Dance Rio has been produced by The Dance Network Association CIC Supported by:



	YELLOW – opposite movement of blues Arms up, travel back for 4, then arms down, travel forward for 4 counts	Same as blue	
	Turn ¼ to left and shimmy shoulders towards blues across from you for 8 counts	Same as blue	
	ALL Face front 2 side steps to the right with wide fanning arms (double time) for 4 counts 2 side steps back to the left with wide fanning arms (double time) for 4 counts	8	
	Trade places using same arms from the Quadrille earlier, Blue passing in front of yellow – 8 counts to arrive in new position – don't forget arms go up on the count of 3	8	
	VERSE 4 32 counts REPEAT VERSE 3 Until last bar when we repeat the canon sweeping left to right throwing the energy, this time YELLOWS start, when we get to the last row of blue, they sweep rainbow arms over our head as the canon sweeps back and we face down then finish in a final huge pose up to the audience. Brazilian Wave into the Mexican Wave. **NOTE: This is different to the video where the dancers finish down. Instead, we finish UP in our final carnival pose.	32	

Dance Rio has been produced by The Dance Network Association CIC Supported by:



	Hold that final position in the silence until the music starts again for the outro		
OUTRO			
5:31 – 6:57	OUTRO The celebration continues, as the outro is to exit off the pitch in a parade style continuing to dance the whole time, waving to crowd, get audience clapping, and having fun! This will be done at the Mass rehearsal days with all dancers, but please rehearse clapping and leaving the space so we're used to continuing after the Carnival Celebration section.	NO COUNTS	

Dance Rio has been produced by The Dance Network Association CIC Supported by:

