



The
Dance
Network Association



*Programme
2020*



Our mission is to raise the profile of dance in Essex and further afield. We seek to do this through the provision of affordable high-quality dance delivery for local communities, individuals, schools and young people more generally. We seek to:

Increase the opportunities available for everyone in the community to engage in dance.

Encourage happy and healthy lifestyles through dance activity by promoting self-esteem, confidence, mobility and general fitness.

Widen aspirations by providing both performance opportunities and the opportunity to be part of a community audience.

Enhance the quality of dance provision across the county by offering support in schools and through professional development programmes and qualifications.

Build a coherent and progressive dance future for Essex and its neighbouring counties.

And above all - **have fun dancing!**

www.dancenetworkassociation.org.uk

info@dancenetworkassociation.org.uk



07490 374 717



/thedancenetworkassociation



@DanceNetEssex

Address: The Dance Network Association
c/o The Mercury Theatre, Balcerne Gate,
Colchester CO1 1PT



HELLO!

Thank you for picking up and reading through our brochure.

We hope that you will keep this as a go to in your work place or home, as a quick grab to sort all of your dance needs!

I want to begin by saying it has been a real honour for me to have personally produced and delivered programmes the people of Essex for now over 8 years.

I would like you to continue with me on my journey as we enjoy our fifth year together as the
The Dance Network Association; the county's dance development organisation.

I set up the organisation to raise the profile of dance in the county and to make a difference to peoples lives through dance and it is becoming more of an everyday in schools and the community. We have now reached over 100,000 dancers in our past 4 years, but we still have a long way to go

[#creatingdanceforall](#)

We have some really exciting projects this year, including 'Let's Go, TOKYO!' in the lead up to the Olympic and Paralympic Games in Japan, where I would love to see as many faces smiling and dancing with us as possible. We have a new event at Great Notley Country Park which this year replaces our annual SpringBlast evening and we head towards a combined festival with Essex Music Education Hub.

We are also looking to work with many more dancers as our 'Dance for Health' programmes continue to expand through various funds and donations. We want to ensure that children and young people are experiencing creative dance in schools and we will continue to set up programmes and projects that are co-created by schools, but also allowing teachers to develop their own skills with our professional artists!

Flick through this brochure, and flick again until you find a class, a programme or a project you can chat to us about joining.

From me and the DNA team, we wish you every success on your dance journey this year and we look forward to dancing with you soon.

Gemma Wright | Artistic Director of the Dance Network Association

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Photo Rachel Cherry



DANCE FOR HEALTH

Our evidence based 'Dance for Health' programmes reduce, tackle and prevent various health issues:

- supporting the reduction of obesity through offering physical activity
- tackling loneliness and social isolation by encouraging people to come together and take part in meaningful activity
- testing brain function through taught set sequences and creative tasks encouraging independent thinking
- supporting those living with neurodegenerative conditions such as Parkinson's and degenerative diseases such as Alzheimer's
- overall increasing of good mental health

Our Dance for Health projects include a 30 - 60 minute creative and physical dance session and end with a social event where participants can meet with one another outside the dancing activity encouraging friendships and peer support.

"My favourite thing about the classes is chatting and meeting new people"

"We loved it! My child asked if I am happy whilst in the session today, to which I said yes and she said she was so happy. She loved the freedom of the space and using familiar items such as a feather and hula hoop. Great music, very inclusive of all ages and abilities and we were made to feel comfortable and welcome."

INTERGENERATIONAL DANCING

Classes bring together people from all generations and walks of life to share their stories and experiences whilst exploring the dance space, connecting with one another and moving creatively.

As well as dancing as a group, the individual dancer will develop their own strength, balance, coordination and encourage healthy physical development and preservation of the muscles and joints.

To find out more about when these classes are held please visit our website:

<https://www.dancenetworkassociation.org.uk/intergenerational-classes>



"Fully accessible - was able to join in, in my own way, I even walked the circle"



"I feel more mobile and energetic when at classes"

DANCE FOR EARLY YEARS (community)

Our classes welcome you to explore movement and dance as a family with your child/children under the age of 5 years. As a family you will take part in sessions delivered by our team of artists that are designed to encourage creativity and independent thinking, as well develop a memory for movement.

All activity will creatively build the children's strength, balance, coordination and encourage healthy physical development and bonding for both child and parent.

Each week after the sessions, we also allow time to socialise and interact with families providing refreshments, healthy snacks and a place to talk.

We also invite local providers from health & community settings to attend social times meaning that families are signposted to other local services and support them to engage further in their local community.

Zahara's mother noted after attending classes that she would spend a lot of time on her tummy at home, use her tiptoes to walk and play with her balance more, roll around on the floor and try out more and more precarious balances as her body confidence grew. All this showing a development in physical literacy through attending the programme.

Report Elsa Urmston 2017

CURRENT CLASS DETAILS IN BARKING AND DAGENHAM

Venue: The Maples Children's Centre 80A Gascoigne Road, Barking IG11 7LQ

Dates: WEDNESDAYS

Jan 15, 22 & 29 | Feb 12 & 26 | Mar 11, 18 & 25 and

April 22 & 29 | May 6 & 13 | June 3, 10 & 24 | July 1, 8 & 15

Age groups and timings:

1-3 years and their parent/carers: 09:15 – 10:45

4-5 years and their parent/carers: 10:45 – 12:15

Sessions include a 45-60 minute creative dance session and a 30 minute social with refreshments and healthy snacks.

To book your families place in any of these sessions or to check in on further locations/venues please visit:

<https://www.dancenetworkassociation.org.uk/dance-for-families-with-children-un>

Classes at the Maples are supported by the London Borough of Barking and Dagenham and therefore are free of charge. However, donations are welcome for the sustainability of the programme.



Photos Rachel Cherry

In our school programme we aim to increase children's physical and mental health and wellbeing and as a consequence their achievement in school.

Each school takes part in a programme lasting 6, 8 or 12 weeks. Classes include a weekly 45 minute practical and creative dance session led by a qualified artist. At the end of each session 15 minutes is then dedicated for a discussion with the class teacher to support them to develop their own dance practice offer further resources, ideas and tools to sustain activity after we have finished the project.

The project is aimed at children in reception classes (EYFS), Special Educational Needs and Disability Schools (SEND) and Additionally Resourced Provision (ARP) within schools. We also encourage schools to involve the children's parents/carers by asking them to attend all or some of the classes. They will need to be prepared to dance, not just observe, which in turn will encourage further activity at home.

[Delivery costs start from £1,500. If you are interested in delivering the programme in your school please contact us see details on page 2.](#)

In the London Borough of Barking and Dagenham (B&D) we work with nine schools each year under the programme 'Active Start' which follows a specifically designed resource book created by the London Borough of Barking and Dagenham and written by independent dance artist Louise Klarnett. Active Start follows a 8 week term programme and is fully funded via Public Health which means there is no cost to the school. If you are a B&D school and wish to be included in our next delivery phase, please contact us to express your interest.

Aims

- To introduce dance and movement skills
- To develop self-esteem and confidence in the child (extending to parents/carers when present)
- To explore teamwork and co-operation
- To support healthy living through dance
- To increase knowledge, skills and independence
- To have fun!

Objectives

- To use a variety of rhymes, props and language to enable children (and parents/carers) to interact with one another and the rest of the group through music and movement
- To become playfully involved and engaged in regular classes
- To engage socially and enjoy relating to each other, other adults (where present) and other children
- To begin to communicate and express their own needs and ideas either verbally or physically
- To enjoy rhymes, moving to music, making sounds/music, games, story making by responding visibly
- To listen / pay attention and respond to instructions
- To gain confidence in their physical abilities and have fun trying new skills
- To respond imaginatively by imitating, pretending and exploring new materials

DANCE FOR OLDER ADULTS

These programmes are specifically designed for adults over the age of 60. The classes offer movement and dance whilst sharing the importance of its effects on brain and body: to mobilise, stimulate, coordinate and above all keep the body moving.

These classes are based in accessible and spacious communal lounges within sheltered housing which has proved to be an ideal location for both physical activity and social interaction. Offering classes in schemes has led to high participation levels among the residents whilst inviting others within the community to engage.

All classes include a 45 - 60 minutes class and at the end of each session there is time for tea, biscuits and a chat with our neighbours and new friends so no one ever feels alone.



CURRENT CLASS DETAILS

1. RE:Generation Chelmsford
2. RE:Generation Harlow (starting late Spring 2020)
3. RE:Generation Brentwood (starting late Spring 2020) and
4. Dance and Dine

For classes later in the year please check our website for dates and details <https://www.dancenetworkassociation.org.uk/dance-for-older-adults>

RE:GENERATION CHELMSFORD

Time of all sessions: 11:00 - 12:30

Day for all sessions: TUESDAYS

Class dates and venues:

All the following classes take place in CHP schemes lounges.

- 21 January at Rohan Court, South Woodham, CM3 5ZY
- 18 February at Coates Lodge Hollis Lock, Springfield CM2 6SL
- 17 March at Hatleys Barclay Close, Gt Baddow CM2 7QU
- 21 April at Sutherland House Corporation Rd, Chelmsford CM1 2AS
- 19 May at Hatleys Barclay Close, Gt Baddow CM2 7QU
- 16 June at Sutherland Corporation Rd, Chelmsford CM1 2AS
- 21 July at Mackie House Chelmsford, Essex, CM4 9TB

Classes cost £4.00 per session

Anyone is welcome to attend and not just those that reside in CHP schemes. However, if you are a resident of CHP and require transport please call us and we can also provide you a FREE taxi. [If you would like to attend contact us using the details on page 2.](#)

DANCE AND DINE BRENTWOOD

Time of all sessions: 11:00 - 13:00

Class dates and venues:

- Tuesday 4 February 2020
Quennell Way, Hutton, Brentwood CM13 2RS
- Wednesday 4 March 2020
Harewood Road, Pilgrims Hatch, Brentwood CM15 9PD
- Wednesday 8 April 2020
St Georges Court, Highwood Close, Brentwood CM14 4YF
- Tuesday 5 May 2020
Ingleton House, Stock Lane, Ingatestone CM4 9DY

Classes are FREE of charge but if you would like to dine with us for fish and chips it costs £5.00 per person.

Anyone is welcome to attend not just those that reside in Brentwood Borough Council Housing Schemes.

If you are a resident of Brentwood scheme and require transport please speak with Lauren below who can book this for you.

To book your place and order lunch, please contact Lauren Kealey

T: 01277 312 563

E: lauren.kealey@brentwood.gov.uk.

This programme has been commissioned by Brentwood Borough Council and is supported by The Rotary Club and Bakers Labels



Photo Lucy Gill

DANCING WITH PARKINSON'S



CURRENT CLASS DETAILS

Time of all sessions: 14:30 - 16:00

Day for all sessions: WEDNESDAYS

Class dates and venues for 2020:

Colchester Castle Museum, Castle Park, Colchester CO1 1TJ

22 January | 12 February | 11 March | 8 April | 13 May | 10 June | 8 July

12 August | 2 September | 14 October | 11 November | 9 December

William Loveless Hall, High Street, Wivenhoe CO7 9AB

29 January | 26 February | 25 March | 22 April | 20 May | 24 June | 29 July

26 August | 23 September | 28 October | 25 November | 16 December

Classes cost £4.00 per session

If you would like to attend please contact us using the details on page 2.

Further information visit:

<https://www.dancenetworkassociation.org.uk/dancing-with-parkinson-s>

Research from Parkinson's UK estimates that there are around 145,000 people in the UK living with Parkinson's. By 2025, this is expected to rise to around 168,000. 1 in 37 people alive today will be diagnosed with the disease in their lifetime.

Exercise has shown to be very beneficial for people living with Parkinson's; to manage or potentially slow the progression of physical symptoms and to help other associated symptoms such as mental health.

The Dance Network Association's Dancing with Parkinson's programme offers dance and movement sessions to those with Parkinson's Disease and their partners, friends and carers. We are proud that this programme not only delivers high-quality dance to participants but also allows their loved ones to experience it alongside them.

All classes include a 45 - 60 minutes class and at the end of each session there is time for tea, biscuits and a chat with our friends and peers.



DANCING WITH DEMENTIA

This programme offers those living with dementia a chance to experience creative movement and dance with their partners, friends, family and carers.

Classes focus on stimulation of the brain through movement, repetition, props and musical timelines. These factors offer the opportunity to keep the mind alert whilst also unlocking support for general well-being.

The class concludes with time to chat over tea & coffee.

Classes cost £4.00 per session

If you would like to attend please contact us using the details on page 2

Further information visit:

<https://www.dancenetworkassociation.org.uk/dance-for-older-adults>



YOUTH MENTAL HEALTH

ConfiDance is our 6 -12-week structured dance programme offered to secondary schools and alternative educational schools such as pupil referral units, hospital schools and special education needs and disability schools.

We work with between 6 - 15 dancers aged 13 - 19 in a session lasting 1.5 - 2 hours per week (if this is possible in your setting). The first hour of the session will be made up of dance content to get students engaged and moving at a fast pace. We aim to get the adrenaline flowing and to increase the levels of serotonin for a happier outlook.

The second 30 minutes to an hour will allow the team to work with the students on goals or aspirations and also completing the Bronze Arts Award so that at the end of the project the students receive certification for taking part in the activity. All this builds young peoples **self-worth, confidence, pride and career aspirations**.

Costs start from £3,000. Contact us to discuss your needs.

In summer 2019 we worked with 13 Year 9 St John Payne Students. Classes were delivered by Vicki Stavrinou from BamBam Boogies taking them through authentic Street Dance sessions building up to a performance. Whilst Gemma our director was setting them to task on their Bronze Arts Awards. The programme was delivered over a 8 week period and included a sharing from which the students taught and performed at our Summer Festival 2019.

Please see our findings report written by Elsa Urmston
<https://www.dancenetworkassociation.org.uk/confidance>



YOUTH DANCE

Provision

The Dance Network Association has a strong passion for supporting the growth of youth dance provision in both education and community settings in Essex.

We provide opportunities for young people to immerse themselves into our after school clubs or further their skills in contemporary dance and performance by attending one of our youth dance companies. Both programmes offer opportunities for students to perform in the community and 'show off' their skills.



YOUTH DANCE COMPANIES

We have two youth dance companies Dance Station and Young Professionals

DANCE STATION aged 10 - 16 years

We welcome applications from young people with a disability, up to 19 years old.

Following the ISTD Contemporary dance syllabus, this company is a fantastic base for young people to begin their training or spark their interest in contemporary technique, and take part in local performance opportunities.

FREE TASTER SESSIONS

When: Wednesday 5 and 12 February 2020

Time: 16:30 - 18:00

Where: Colchester Sixth Form, North Hill, Colchester CO1 1SN

[To sign up for a free taster session contact us details on page 2](#)

When: Classes begin Wednesday 4 March 2020

Time: 16.30 - 18.00

Where: Colchester Sixth Form, North Hill, Colchester CO1 1SN

Cost: £65.00 per term

FULL TERM DATES | WEDNESDAYS | 16:30 - 18:00

Spring Term: 4, 11, 18 and 25 March and 1 April 2020

Summer Term: 29 April 6, 13 and 20 May 10, 17 and 24 June 1, 8 and 15 July 2020



Photo Nigel Sagar

YOUTH DANCE COMPANIES

YOUNG PROFESSIONALS 15 - 19 years

We welcome applications from young people with a disability, up to 26 years old.

This is an opportunity to be part of a contemporary dance-based performance company, with sessions delivered by professional dance artists. The company will also take part in regular workshops and intensives from guest artists and professional companies. No audition necessary

When: Wednesdays, 18:00-19:30

Where: Colchester Sixth Form, North Hill, Colchester CO1 1SN

Cost: £90.00 per term

This includes additional intensives and workshops

Full bursaries are available



FULL TERM DATES | WEDNESDAYS | 18:00 - 19:30

Spring Term: 4, 11, 18 and 25 March and 1 April 2020

Summer Term: 29 April 6, 13 and 20 May 10, 17 and 24 June 1, 8 and 15 July 2020

Spring Intensive: Monday 17 and Tuesday 18 February 2020
10:00 - 16:00

With Hayley Lemon Essex based dance artist leading Young Professionals

Summer Intensive: Thursday 16 and Friday 17 April 2020
10:00 - 16:00

With Hannah Redfearn and Hayley Lemon

Both intensives are at The Mercury at Abbey Field

Directions: <https://www.mercurytheatre.co.uk/mercuryatabbeyfield/>

**To find out more, sign up for a taster or
join the company...**

**Contact us! Details page 2 or visit
<https://www.dancenetworkassociation.org.uk/youth-dance-companies>**

YOUTH DANCE CLUBS (schools)

The Dance Network have applied for 'Satellite Club' funding from our partners Active Essex and Essex County Council on behalf of schools across Essex. The Satellite Club programme is a Sport England national initiative to establish new, sustainable activity clubs and groups for 14-19 year olds and reverse the trend of young people dropping out of sport and physical activity. The programme is coordinated at a county level through the County Sports Partnerships (CSPs) - which in Essex, Southend and Thurrock is Active Essex.

Since 2015, our strategy has been to establish after-school clubs across Essex ensuring dance is accessible to all and support young people who wish to develop their dance career further. Many of these clubs are now self-sustaining clubs including those at The Gilberd School and Saffron Walden County High School as well as and many others. Young people attending are then signposted to additional opportunities or the [Youth Dance Companies](#) if they want to develop their dance skills further.

We currently have the following clubs available to students in the respective schools aged 14 - 19 and up to 26 if living with a disability

- Colchester Academy in Colchester in Street Dance with artist Rikkai Scott (Mondays)
- New Rickstones Academy in Witham in Street Dance with artist Shannon Searle (Tuesdays)
- Clacton Coastal Academy in Clacton on Sea in Contemporary Dance with artist Hayley Lemon (Wednesdays)
- Clacton County High in Clacton on Sea in Contemporary Dance with artist Hayley Lemon (Tuesdays)
- Alec Hunter Academy in Braintree in Street Dance with artist Vicki Stavrinou (Thursdays)

All school groups will be invited to perform at our platform in Summer 2020 see page 17 for details *(All class details correct at time of printing).*

[If you are interested in setting up a club with us please contact us using the details on page 2](#)

Aims

- To introduce dance and movement skills
- To develop self-esteem and confidence in young person
- To explore teamwork and co-operation
- To support healthy living and physical activity through dance
- To increase knowledge, skills and independence
- Signpost young people to further opportunities if they wish to take their dance career further
- To have fun!

Objectives

- To listen / pay attention and respond to instructions
- To gain confidence in their physical abilities and have fun trying new skills
- To be involved and engaged in weekly classes
- To engage socially and enjoy relating to each other in the space, making new friendship groups
- To begin to communicate and express their own creative output through dance and respond to music
- To offer young people the opportunity to perform in front of an audience or on a professional stage

SUMMER FESTIVAL

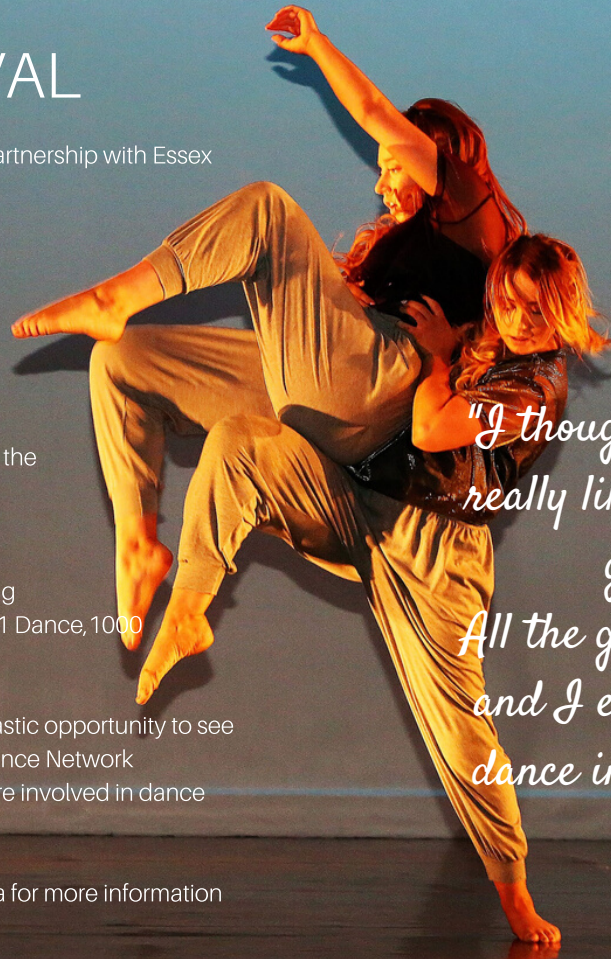
This year will be our first outdoor festival in partnership with Essex Music Education Hub.

The festival will take place on
Wednesday 17 June 2020 at
Great Notley Country Park, Great Notley,
Braintree CM77 7FS

The festival promises to be an eclectic mix of dance and music performances from across the county and will also include our Youth Dance Companies, our Youth Dance Clubs our Learn, Share, MOVE! Schools and we will open the showcase with our Olympic opening ceremony Let's Go, TOKYO! from the 1 Day, 1 Dance, 1000 Dancers programme.

Whatever your interest in dance this is a fantastic opportunity to see different styles in action and speak to The Dance Network Association about how you can become more involved in dance activities across the county.

Keep an eye on our website and social media for more information and how to attend as an audience member.



"I thought it was amazing. I really liked, it I would like to go back there.

All the groups were very good and I enjoyed that we got to dance in front of 400 people"



1 DAY, 1 DANCE, 1000 DANCERS Let's Go, TOKYO!

The Dance Network Association is pleased to announce that we will be delivering our 'en masse' creative dance and performance programme 1 Day, 1 Dance, 1000 Dancers for 2020! This years programme is named 'Let's Go, Tokyo!' in the lead up to the Tokyo Olympic and Paralympic Games in Japan.

The aim of the programme is to get 1000 dancers performing the same dance 'en masse' to large audiences. Most importantly, it is to celebrate the legacy of the London 2012 Olympic and Paralympic Games opening and closing ceremonies.

The project offers groups of all ages, walks of life and abilities a creative dance experience that they would not usually access within a school or community setting. Additionally, it has been designed to offer both teachers and artists the opportunity to build their confidence in the delivery of dance and performance. Furthermore, raising dancers skills, knowledge and increasing general physical health and wellbeing.

The Dance Network Association is proud to be working with Essex based co-creators Lucy Blazheva and Sam Blayney as well as partners at Essex Music Education Hub's Peter Lovell and University Centre Colchester's Phil Toms who will create a unique soundtrack to our dance. We will also be working with Julien Mery also from University Centre Colchester and a team of film students to create our DVD tutorial; whilst danced by students from Colchester Institute supported by lead dance teacher Hazel Banham.

1 Day, 1 Dance, 1000 Dancers 2020 is supported by Arts Council England, The London Borough of Barking and Dagenham, Active Essex and Essex County Council.

Please read pages 23 and 24 for full details of the programme.

If you have any additional queries regarding this project please do not hesitate to get in touch with us:

Contact Chrissie Moore our Programme Manager
for 1 Day, 1 Dance, 1000 Dancers
Email: chrissie@dancenetworkassociation.org.uk
Tel: 07490 37 47 17

HOW TO BOOK

Please confirm by filling out your booking form on our website:

<https://www.dancenetworkassociation.org.uk/1-day-1-dance-1000-dancers> and send it back to us by a scanned email or photo via email/text message or whatsapp by Friday 14 Febraury 2020.

1 DAY, 1 DANCE, 1000 DANCERS Let's Go, TOKYO! Groups in Essex and beyond

DATES AND DETAILS

Teacher Training Date

Monday 24 February 2020 | 09:00 - 15:30

Venue: TBC

On the training date you will receive a full tutorial pack, DVD tutorial and music CD.

Mass Rehearsal Essex County Cricket Ground

Monday 2 June 2020 | 09:30 - 14:00

Venue: The Cloudfm County Ground, New Writtle Street, Chelmsford, Essex CM2 0PG

Performance Essex County Cricket Ground

Monday 15 June 2020 | Timings TBC

Venue: The Cloudfm County Ground, New Writtle Street, Chelmsford, Essex CM2 0PG

Mass Rehearsal Great Notley Country Park

Wednesday 17 June 2020 | 12:00 - 16:00

Venue: Great Notley Country Park, Great Notley, Braintree CM77 7FS

Performance Great Notley Country Park

Wednesday 17 June 2020 | 16:00 - 18:00

Venue: Great Notley Country Park, Great Notley, Braintree CM77 7FS

COSTS

The project is heavily subsidised by The Arts Council England, Active Essex, Essex County Council and all our delivering partners enabling the cost to participating groups to be greatly reduced. Here are the following packages and each groups contributions towards costs.

Package 1: Resource Pack only

Cost £100.00

You will receive the creative and choreography booklet, DVD tutorial and a CD of the set choreography music. You may also join us for our events, but please note additional event costs start at £50.00 dependent on the number of dancers in your group.

Package 2: Training Package

Cost £200.00

Package includes one full day's training to learn the steps of the choreography plus the resource package and access to all our events.

Option 3: Workshop Package

Cost: £350.00

Package includes one full day's training, the resource package, access to all our events as well as 2 x 1 - hour workshops.

This package is open to Essex based schools only. If you are further afield please contact us.

Additional considerations:

Transport (getting to and from events) | Costume £10.00 pp | Tickets to the events for spectator

1 DAY, 1 DANCE, 1000 DANCERS Let's Go, TOKYO! Groups in Barking and Dagenham

DATES AND DETAILS

Teacher Training Date

Friday 31 January 2020 | 09:00 - 15:30

Venue: Dagenham Park School, Dagenham,
RM10 9QH

On the training date you will receive a full tutorial pack, DVD tutorial and music CD.

Mass Rehearsal Jim Peters Stadium, but rehearsal
will start in Barking Sporthouse adjacent

Monday 18 May 2020 | 09:00 - 13:30

Venue: Barking Sporthouse and Mayesbrook
Park, Lodge Ave, Dagenham RM8 2JR

Performance Jim Peters Stadium

Wednesday 10 June 2020 | 08:00 - 10:00

Venue: Jim Peters Stadium Mayesbrook Park,
Lodge Ave, Dagenham RM8 2JR

You are also very welcome to attend the Essex
events please contact our team to communicate
your interest.

COSTS

The programme is funded by the Arts Council England and London Borough of Barking and Dagenham so there is no cost to take part, however we do ask for full commitment to the programme and that you are in attendance of all dates.

On the training date you will receive a full tutorial pack, DVD tutorial and music CD. Additional copies can be purchased in hard copy or PDF from £95.00.

You will be required to purchase costumes for your dancers at £10.00 per person and provide your own transport to and from the venues for all dates.

You may also wish to bring us in for a workshop to support your learning and the development of your group. Prices start at £75.00 per hour.

Contact us if you would like to book these in see page19 for Programme Manager details..

"Amazing company, amazing idea, amazing you. Thanks for everything you have done. My kids have loved being part of this and will be pros at the next event. Can't wait for the next one!" Anastacia (St Peters B&D)



Photo Nigel Sagar

PROFESSIONAL DEVELOPMENT



ANNUAL DANCE CONFERENCE

Once a year we offer the chance for freelancers, graduates, teachers and keen dancers above the age of 16 to move together at our annual dance conference.

Our conference this year will take place on **FRIDAY 18 SEPTEMBER 2020**

Early bird tickets are on sale from: Monday 2 March 2020 until 31 May 2020
General sale closing date: Tuesday 1 September 2020

The one day event allows you to experience:

- A range of workshops with professional companies and leading community dance artists
- Guest speakers offering advice, support, funding and information linking to education and community opportunities and research
- Networking
- Live sharings and performances
- Raffle - A chance to win workshops, tickets, merchandise and resources
- Lunch and refreshments

Keep your eyes peeled on our social media and website to find out our exciting release of location and artists.



*"Well organised, delightful people, good food and good workshops.
WELL DONE! Coming to Essex is always a pleasure."*

LEARN, SHARE, MOVE!

LEARN, SHARE, MOVE! offers high-quality teacher training programmes for both community and education teachers. This training enables teachers across Essex to develop and enhance their skills in a variety of styles and strategies.

Attendees also get the opportunity to expand their support network with other like-minded teachers. Our networks are designed to enable school staff and freelancers to increase dance provision in schools, colleges and community settings, both as part of the formal curriculum and outside of school time for children and young people.

Children and young people from the groups and schools also have the opportunity to 'show off' their new skills delivered by the teachers in our end of year celebratory event. See page 17 for festival details.



NEW for 2020: Learn, Share, MOVE! now includes our incredible en masse dance programme 1 Day, 1 Dance, 1000 Dancers entitled Let's, Go TOKYO! with our own festival and opening Olympic ceremony at Great Notley Country Park and the Essex Cricket Cloud FM Ground.

WHAT WILL BE INCLUDED IN YOUR MEMBERSHIP:

- Let's Go, TOKYO 2020! Our en masse creative dance and performance programme.
Training date: Monday 24 February 2020 09:30 - 15:30
Venue: TBC
Rehearsal and performance: Wednesday 17 June 2020 12:00 - 18:00
Venue: Great Notley Country Park, Great Notley, Braintree CM77 7FS
- Creative dance toolkit for those that deliver specifically to children living with special educational needs and disabilities with Vicki Busfield
Friday 28 February 2020 09:30 - 15:00
Venue: Church Langley Primary School, Church Langley Way, Harlow CM17 9TH
- Teaching dance through vocabulary with Cat Stiff
Friday 6 March 2020 09:30 - 15:30
Venue: John Bunyan Primary School Lancaster Way, Braintree CM7 5UL
- Encouraging boys to dance with Leon Hazlewood
Friday 1 May 2020 09:30 - 15:30
Venue: John Bunyan Primary School Lancaster Way, Braintree CM7 5UL
- Dance and music festival - end of year celebratory event inc the en masse dance Let's Go, TOKYO!
Wednesday 17 June 2020 12:00 - 18:00
Venue: Great Notley Country Park, Great Notley, Braintree CM77 7FS
- Annual dance conference
Friday 18 September 2020 10:00 - 16:00 | An exciting day of workshops, talks, seminars, performances and networking

SIGN UP for just: £350.00
Up to two members of staff can
attend or two freelance artists.

All of these dates and programmes
can also be purchased as separate
one offs

Contact us for further details of one
off costings contact details on page 2
OR visit the website for a booking
form

<https://www.dancenetworkassociation.org.uk/dance-training-for-teachers-and-art>
and to book for one off dates
and programmes

BESPOKE PACKAGES

The Dance Network Association are able to deliver bespoke programmes of work within schools. Just call us to discuss your request!

Costs will be dependent on need but can start from just £75.00 per hour.

Example packages of what we have delivered in the past:

- Digital Dance: Explore dance through new mediums of modern technology including projections, sound, light and more.
- Curriculum dance: Use dance as a fun way of teaching a curriculum topic or theme. e.g moving through 'space' (science), Vikings and Romans (history), time travel through different eras.
- We have delivered full day workshops in schools visiting every class in the school: For example, each year we work with a school during their 'International Week' and offer a day of music and dance covering many styles and genres such as African, South Asian and so on.
- GCSE set works - Have one of our fully qualified artists teach your students a range of the set works for AQA GCSE Dance. We have also brought together a collection of schools and run a GCSE and A Level day teaching students musical theatre, contemporary and talking them through assessment criteria.
- We have delivered many half term or full term's worth of creative dance around a theme to create a end of term sharing with a whole year group, for example based on animals with a Special Educational Needs school.

Whatever your dance needs, we can tailor a package right for your school, or cluster of schools.

You decide and we will provide!



Photo Rachel Cherry

ESSEX CHILDRENS UNIVERSITY LEARNING DESTINATION

LEARNING DESTINATIONS are places and organisations to which children can 'travel' with their 'Passport to Learning'. They provide high-quality learning opportunities and experiences and have passed the Children's University quality assurance process. A Learning Destination can range from a museum to a farm or from an airport to a university, as long as the learning activity connects with study you can undertake at university for the 'grown ups'. At a Learning Destination, Children's University students can get their Passport to Learning stamped which in turn will lead to the award of National Certificates.

Find out more about the programme please
visit www.essexchildrensuniversity.co.uk

THE DANCE NETWORK ASSOCIATION is proud to be a Learning Destination and by taking part in our youth dance programmes young people can gain stamps for their passports.



Photo Nigel Brown



NATIONAL BODIES AND PARTNERS

THE DANCE NETWORK ASSOCIATION is proud to be a member of various national dance and charity bodies.

These memberships mean that we are part of a wider community securing the future of dance for all. [#creatingdanceforall](https://www.facebook.com/creatingdanceforall)

Being a part of these communities means that we are kept up to date with current legislation and best practice to offer you the highest-quality programmes. Furthermore, we can inform others about relevant information which may change the dance landscape.



ARTSMARK

ARTSMARK awarded by Arts Council England, designed by schools, the new Artsmark award will help schools to deliver high-quality arts and cultural education and provides an excellent way to demonstrate this.

Artsmark schools gain access to exceptional resources as well as networks of the country's most treasured cultural organisations, helping them develop and strengthen their arts provision. Any school, college or youth justice setting can apply.

THE DANCE NETWORK ASSOCIATION is proud to be working in partnership with schools on their Artsmark journey. By supporting schools we're helping put the arts at the heart of education, inspiring young people to create, experience and participate in high-quality arts and culture.

Find out more about Artsmark at www.artsmark.org.uk



**Artsmark
Partner**

Supporting cultural education, endorsed by Arts Council England

ARTS AWARD

ARTS AWARD unique qualifications support young people to develop as artists and arts leaders.

- The programme develops creativity, leadership and communication skills
- Arts Award is open to anyone aged up to 25, and embraces all interests and backgrounds
- Through Arts Award young people learn to work independently, helping them to prepare for further education and employment

THE DANCE NETWORK ASSOCIATION are proud to be an Arts Award Supporter which means we are a recognised centre and are able to deliver, advise and support your journey young people and schools with their journey.

Many of our programmes for young people meet the requirements of the Arts Award and therefore by taking part it is easy to complete your jBronze, Discover and Explore levels. For more information on how we can deliver and support Silver and Gold Awards please get in touch.

Find out more about Arts Award at www.artsaward.org.uk





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